

HOLISTIC MEDICINE EXPERIENCED PRACTITIONERS WIDE RANGE OF TREATMENTS PROFESSIONAL TRAINING



EXETER NATURAL HEALTH CENTRE

Holistic healthcare in the heart of the city

Health is the fullest expression of you as an individual with the least friction with your environment. It implies adaptation, fluidity, freedom and ease and is truly a blessing.

Here at the centre, we work with you to find the most suitable ways for you to restore and sustain your health. We work from a holistic perspective and with an integrated approach.

Situated just off Queen Street right in the heart of the city we offer a wide range of complementary therapies all provided by respected and experienced practitioners. Our consulting rooms are light and airy and many of our visitors have been delighted by the tranquil ambience of the centre.

BRITISH SCHOOL OF HOMOEOPATHY

Monthly concessionary student clinic. Call 01392 422555 for details

THE PRACTITIONERS:

HARRIET HOLLINGWORTH
Acupuncture & Chinese Healthcare,
Reflexology, Sports Massage,
Reiki Master

MO MORRISH
Homoeopathic Medicine

JULIE BLADON
Yoga, Lomi Lomi Massage,
Pregnancy massage

SARAH JANE HOLT
Ayurvedic Massage, Consultations,
Reflexology

PATRICIA AND KARIN
Pregnancy Yoga and Active Birth

KATHERINE UKLEJA
Craniosacral Therapy

ANNA PARIS
Traditional Acupuncture, Toyohari, 5
Element & Manaka styles

**NORAH CATHERINE
MCCULLAGH**
Pure Face Works

GEOFF GREEN
Energy Healing & Counselling

LISA TATE
Massage, pregnancy Massage,
Aromatherapy & Non Surgical Face
lift

SUSAN QUAYLE
Maternity Reflexologist,
fertility, ante natal, post natal & baby
Aromatherapy Massage

**THE DEVON SCHOOL OF
REFLEXOLOGY**
Level 3 Diplomas
Spring/Autumn Courses 2012

JULIA COLLETT
Psychotherapy & Counselling

LOUISA SHORNEY
Clinical Hypnotherapy

LESLEY HARPER
Nutritional Therapist



School of Bodywork

School of Bodywork

Professional Massage Training APNT accredited

Diplomas: Swedish, Remedial, Sports Injury, Indian Head, Seated Acupressure, MFR, CPD

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