



**HEARTWOOD** director Leigh Smith, above right, with a student; and, below, two students, working on a Heartwood course

## A career with real heart

FINDING a vocation that really means something; doing a job that genuinely helps people and can also earn a good rate of pay... all things most of us aspire to in our working lives.

According to Leigh Smith, director of the Heartwood Centre for Counselling and Psychotherapy, a career in counselling can tick all the boxes.

"Of course, I may be biased, but I think working as a counsellor, or even just using counselling skills in your work, is incredibly rewarding on a very deep and personal level," said Leigh.

"Bringing healing and support to those who most need it, earning a living with integrity and compassion, and knowing you have really made a positive difference to people's lives – these are things you don't get in every vocation, but you do with counselling and psychotherapy."

Perhaps this need for 'job satisfaction' is contributing to the growing demand for training in counselling skills at Heartwood.

"We have recently had to add in an evening class and an extra level two-day course to cope with demand for our courses", says Leigh. "And we are

also now running a Level 4 diploma in Therapeutic Counselling course as an evening class, starting on Tuesday, February 28.

"So we are now running a full range of courses starting with a one day introduction course, through each level of qualification right up to Psychotherapy and Supervision Diplomas."

Heartwood also caters for existing counsellors, with professional development workshops and diplomas that allow counsellors to specialise in particular areas of therapy.

Heartwood are also offering Taster Days where you can experience Heartwood's unique approach to teaching and discover why the courses are so successful.

Bookings are now being taken for September 2012 courses, and Leigh tells us: "Our diplomas are always fully booked so it's a good idea to register your interest as soon as possible or to book onto one of our early taster days."

For more details about courses, visit [www.heartwoodcounselling.org](http://www.heartwoodcounselling.org) or call 01803 865464.



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## ROOT THERAPY

### Ecopsychology

#### TRAINING WORKSHOPS

#### FROM SPRING 2012

"Ecopsychology is the exploration of our psyche's interconnection with the natural world. I believe by living in harmony with the natural world and in realising our non-seperateness from it, we can find our belonging and our place. This will in turn improve our mental health and begin to reverse the impact of our chronic dissociation as a species of the earth and our connection with all beings." Quote - Debbie Wander

Please contact Debbie Wander for details.



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